Are you pregnant and think that abortion is your only option? Before you make a decision that can never be undone, take the time to do the following two things

#### 1. CONSIDER THESE FACTS

- ✓ Children deserve birth. No child is unplanned in the sight of God.
- The baby's heart has already begun to beat by the time the mother misses her period and begins to wonder if she might be pregnant. By the time a surgical abortion is performed, your son or daughter has identifiable arms and legs and displays measurable brain waves.
- ✓ During the seventh through tenth week, when the majority of abortions are performed, your son or daughter's face is recognizably human.
- Suction aspiration is the abortion technique used that dismembers the body of your son or daughter and tears the placenta from the wall of the uterus. Science has proven that the unborn baby does feel pain. This procedure also causes the most frequent post-abortion complications due to the possible puncture of the uterus, which may cause hemorrhage and infection.
- ✓ Complications may happen in as many as one out of 100 abortions and can affect future pregnancies.
- ✓ Whatever your present relationship with God may be, there is a spiritual side to abortion. What is God's desire for you in this situation? How does God see your unborn son or daughter? These are important questions to consider.

### 2. CALL US 888-300-5112

✓ We are here to help you! Our help is free!



The Angel Gabriel was sent by God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary. And when the angel had come to her he said "Hail full of grace, the Lord is with thee. Do not fear, Mary, you have found favor with God. You shall conceive and bear a son and give him the name of Jesus."

Mary was told the good news that a child would be born to her and she was to be the Mother of our Savior. When she asked "How can this be?" the Angel Gabriel told her not to be afraid for "nothing is impossible with God."

The Gabriel Project wants to publicize the same encouraging message to those pregnant women who are worried and upset today. "Fear not, for God is with you! Nothing is impossible with God."

THE GABRIEL PROJECT www.dioceseoftyler.org

888-300-5112



Luke 1:26-28

Sponsored By:

The Tyler Diocesan Council of Catholic Women



HELP TO
MOTHER
AND CHILD
IN NEED



CHURCH BASED ASSISTANCE
OFFERING LOVE, HOPE AND
SUPPORT TO WOMEN FACING A
CRISIS PREGNANCY

888-300-5112

WHO ARE WE? The Gabriel Project was started in 1973 by a Pastor in Spring, Texas, who put a sign outside his church conveying the Parish's commitment to provide practical love and support to mothers facing an unplanned pregnancy. He wanted to echo to those mothers who were worried and upset the same encouraging message given to the Virgin Mary by the Angel Gabriel: "Fear not for God is with you."

That was the beginning of the Gabriel Project and it has spread throughout the country.

Respect for human life, both mother's and baby's, requires us to reach out and offer assistance to those overwhelmed by the decisions they must make. Inspired by the words of Jesus Christ "Love one another as I have loved you," we offer hope, love and real concrete and practical help you will need.

From a church close to your home, in the form of a trained volunteer, a "Gabriel Angel" will be providing you encouragement and help in accessing local services. She is someone who will be there for you and your baby helping create the environment of being cherished and protected. There is a church community concerned with you and your baby's well-being and ready to assist in any way they can. As Christians, we serve all girls or women in unplanned pregnancies, without pressure toward any faith, parenting, or adoption.

### WHAT HELP CAN WE PROVIDE YOU?

- As members of a church in your area or neighborhood we care about you. We offer you immediate and practical help with your pregnancy
- 4 24 hour help line 888-300-5112
- ♣ There are many local resource agencies in your community. We will help you find them and access their services
- Maternity and baby items
- Information to help you prepare for childbirth, breast feeding and parenting
- Our volunteers and our churches keep you and your baby in our daily prayers
- ♣ You will have "an Angel in your corner" who will journey with you through the tense and difficult times, and yes, the wonderful times ahead

All services are offered with strict confidentiality.

# SOME OF THE MOST FREQUENTLY ASKED QUESTIONS:

How can I tell my family or friends?

Can I stay in school? Can I keep my job?

How will I take care of my baby?

Where can I obtain good medical care for myself and my baby?

Who will help me if I am scared, angry, feeling alone....?

If I feel sick and am wondering what to do....?

Who will listen to me and understand what I am going through.....YOUR GABRIEL ANGEL WILL!

"Each of us is the result of a thought of God. Each of us is willed. Each of us is loved. Each of us is necessary."

## **Pope Benedict XVI**

OUR MISSION IS TO RESPECT ALL LIFE – AT ANY AGE, IN ANY CIRCUMSTANCE. THIS MEANS THAT WE ARE PROFOUNDLY COMMITTED NOT ONLY TO THE UNBORN CHILDREN BUT ALSO TO THEIR MOTHERS!

CALL US – YOU ARE NOT ALONE – WE CAN HELP!